



Basil Lemonade

Priscila · 01/25/2024



Prep Time

30 min.

Dificult

Easy

Servings

4

Description

Basil lemonade is a refreshing and innovative drink, perfect for hot summer days. This updated version of classic lemonade combines the citrus flavor and acidity of lemon with the unique and slightly spicy aroma of basil, creating a balanced and invigorating taste experience. In addition to its delicious flavor, basil lemonade offers health benefits. Lemon is rich in vitamin C and antioxidants, while basil has anti-inflammatory properties and is known for its potential in relieving stress. Together, they form a combination that not only refreshes but also contributes to overall well-being.

Ingredients

- 1 cup of sugar
- 1 cup of water (for syrup)
- 1 cup of freshly squeezed lemon juice
- 800 ml of water
- 4 basil leaves
- Lemon slices

Instructions

1. In a saucepan bring water to a boil and add sugar. Keep it on medium heat until the sugar dissolves. Set aside to cool.
2. In a pitcher combine the lemon juice syrup and water. If it's too sweet add more water to taste.
3. Add the basil leaves lemon slices and ice just before serving.